

<b>EXERCISE SCIENCE</b>	(Major)	<b>ASSOCIATE OF SCIENCE</b>
<b>PROGRAM REQUIREMENTS</b>		
<b>SEMESTER &amp; COURSES</b>	<b>CREDIT HOURS</b>	<b>SEMESTER &amp; COURSES</b>
<i>Semester 1 (Fall)</i>		<i>Semester 2 (Spring)</i>
English 1010: Composition I	3	English 1020: Composition II
BIOL 2010: Human Anatomy & Physiology I	4	BIOL 2020: Human Anatomy & Physiology II
Mathematics	3	Humanities/Fine Arts
Introduction to Exercise	3	Health & Wellness Social/Behavioral Science
Introduction to General Psychology	3	Physical Education Activity
<b>Subtotal Semester 1</b>	<b>16</b>	<b>Subtotal Semester 2</b>
<i>Semester 3 (Fall)</i>		<i>Semester 4 (Spring)</i>
Nutrition Course	3	First Aid & Safety course
Prevention & Care of Athletic Injuries course	3	ELECTIVES
History	3	History
Humanities/Fine Arts	3	Humanities/Literature
Speech	3	
<b>Subtotal Semester 3</b>	<b>15</b>	<b>Subtotal Semester 4</b>
		<b>Total Credit Hours</b>
<b>NOTES:</b>		

(Degree)

**CREDIT  
HOURS**

3

4

3

3

3

**15**

3

5

3

3

**14**

**60**